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Please do not trust , best to consult with your doctor*

Natural Remedies to Treat HPV Infections

Since most of the cases of cervical cancer are secondary to infections due to the Human Papilloma Virus (HPV) it is best to treat the cause to ward off the possibility of developing cervical cancer.

What is HPV (Human Papilloma Virus)?

The term is absolutely very popular because about 70% of the global population has experienced being infected with it at some point. Some experience recurrent infections without even having the symptoms. The HPV is actually a DNA virus. It communicates a disease to the skin and other membranes specifically the keratinocytes. As what has been mentioned, a patient may not develop or manifest outward symptoms, but the infection is already present. People with a compromised immune system may develop warts and other types of pre-malignant lesions.

There are actually numerous strains of the Human Papilloma Virus, more than 170 actually. More than 40 of the types of HPV are passed or transmitted via sexual intercourse or contact. And since this virus is the major cause of cervical cancer, treating primary Human Papilloma Virus infections can prevent its development.

Here are some effective home remedies for HPV?

- The **Echinacea** is a famous herb used to treat different types of viral infections; and an absolutely effective remedy for Human Papilloma Virus infections. The herb can be used in the form of tinctures or as a tea. Its main mode of action is the reduction of warts and most importantly, boosting the immune system.
- The **Oregano Oil**, being full of antioxidant and antiviral components, is also one of the most effective cures for HPV infections. One of the best advantages of using this herb is that it is widely available and is very easy to grow; this makes it very affordable. However, the oil should be diluted because it can irritate sensitive parts of the body. Another best thing about it is that it promotes actual wart-reducing effects.
- **Garlic** is one of the most popular home remedies for HPV because it is readily available in most homes. Allicin, which is the active ingredient in garlic, is a very efficient antiviral. If you are aiming for fast-relief of genital warts, soaking garlic in water and using the water infused with garlic directly on warts will give you the best results.
- **Tea Tree Oil** is an absolutely effective immune booster and antiviral especially when used directly on the affected parts of the body. It boosts the immune system by increasing the number of white blood cells and it helps fight the infection by attacking the Human Papilloma Virus directly.
- **Curcumin** is a proven antiviral and anti-cancer. This is actually the main ingredient of the turmeric herb. Curcumin is an effective protection from HPV by boosting the immune system of the body.

There are a lot more herbs and oils that can be used as effective home remedies to ward off HPV infection. However, it is best to bear in mind that not all Human Papilloma Virus types are harmful. On the other hand, many of which can lead to fatal precancerous lesions. These remedies are not

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substitutes for medically prescribed medications to treat the infections; consultation with a physician is still the best option.